

Early Help ISLINGTON



Abi Onaboye – Service Manager Early Help
Holly Toft – Head of Play, Youth and Post 16

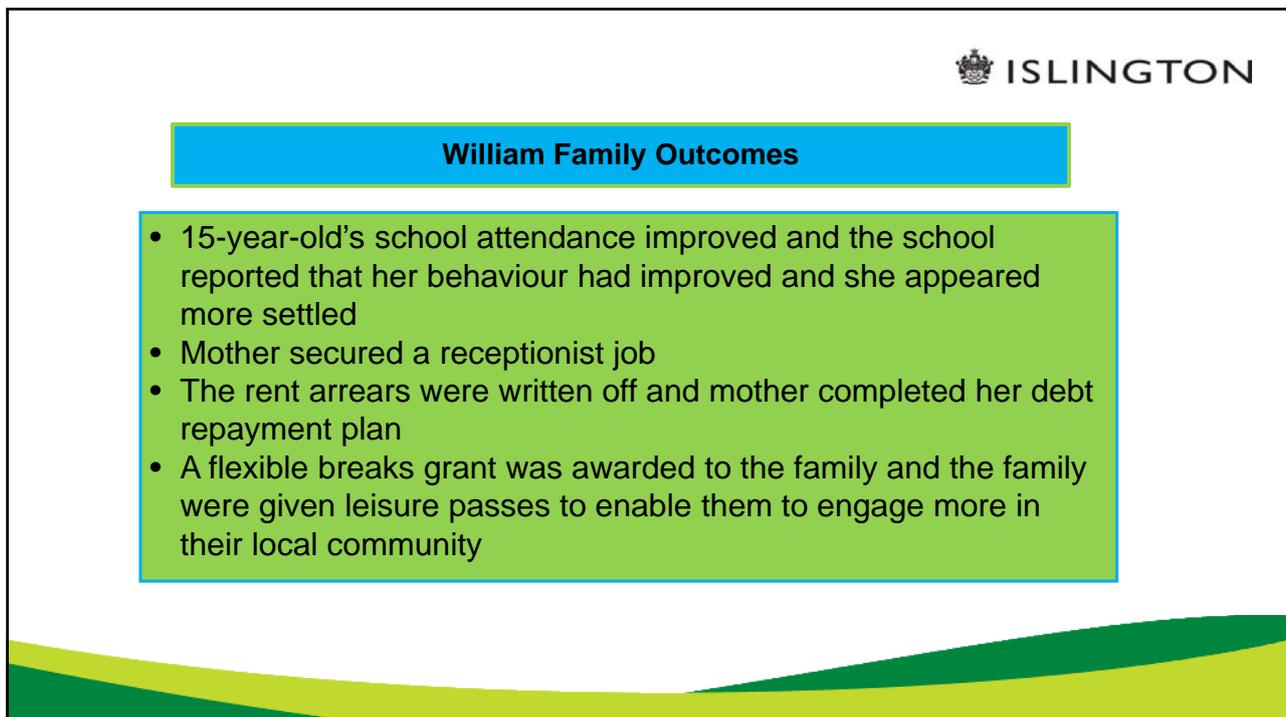
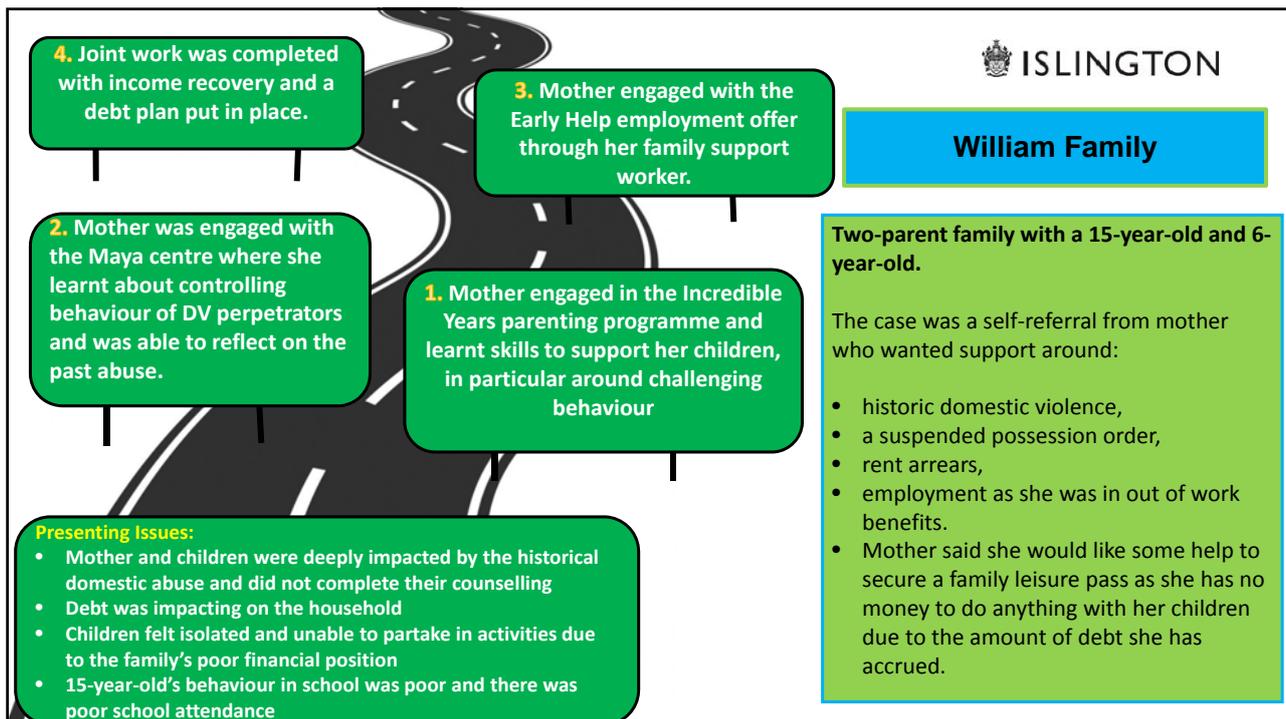
 ISLINGTON

In Islington we have a range of early help options for families. The offer enables us to get in early when problems arise and nip them in the bud to help keep children safe, supported and reduce the need for statutory services

Targeted services are also available to help families with multiple problems who are likely to require statutory services if they do not receive early help, or who need further support when their social work involvement ends. They may still have some practical problems, or need support to maintain changes.

Islington Families Intensive Team (IFIT) provides intensive support and challenge to (usually workless) families who have had lower level early help with little impact, are at high risk of eviction, where children are not attending school, and involved in crime and anti-social behaviour. Some young people are at high risk of becoming looked after.

**William Family
(Families First)**



Sam's Story (Families First)

Sam & Family

3. IFIT Model

- High level of contact with families. Two home visits offered per week with additional telephone contacts, TAFs and professionals meetings.
- Parenting work, behavioural approach - Mum more able to respond to emotions rather than behaviour
- Multi-disciplinary Group Supervision promoted a holistic approach

2. Parent Support

- Parenting work
- Promoting positive contact
- Modelling behaviour
- Helping with employment
- Psychoeducation regarding Sam's mental health and presenting behaviour

1. Sam's Support

- Supporting YOS work
- Supporting re-engagement with education
- Anger management
- Reducing CSE/HSB risk
- Supporting Sam's return home from care
- Harm minimisation work (cannabis)

Presenting Issues:

- Violent, threatening behaviour
- Mental Health - Conduct disorder, undiagnosed personality disorder
- Self-harming; identity, body/image
- Attempted suicide
- CSE and Gang affiliation
- NEET
- Cannabis use

Referral to support Sam & family with the presenting issues outlined.

Family Composition:

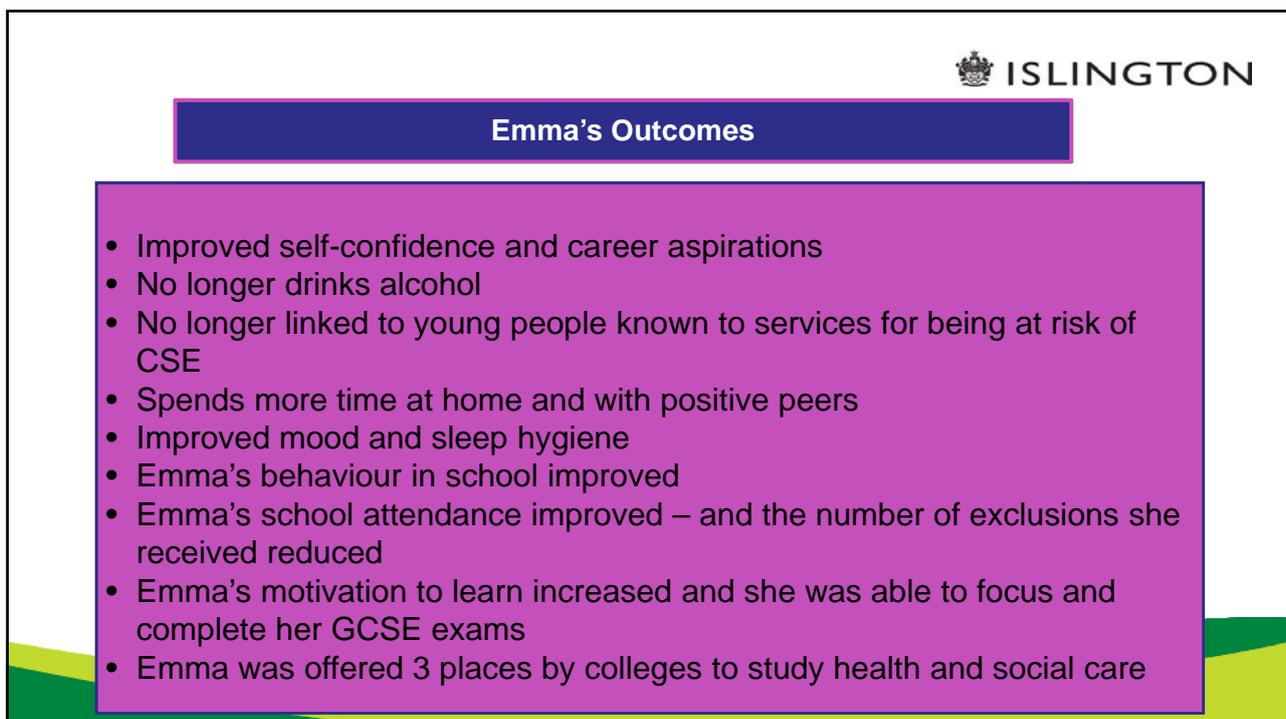
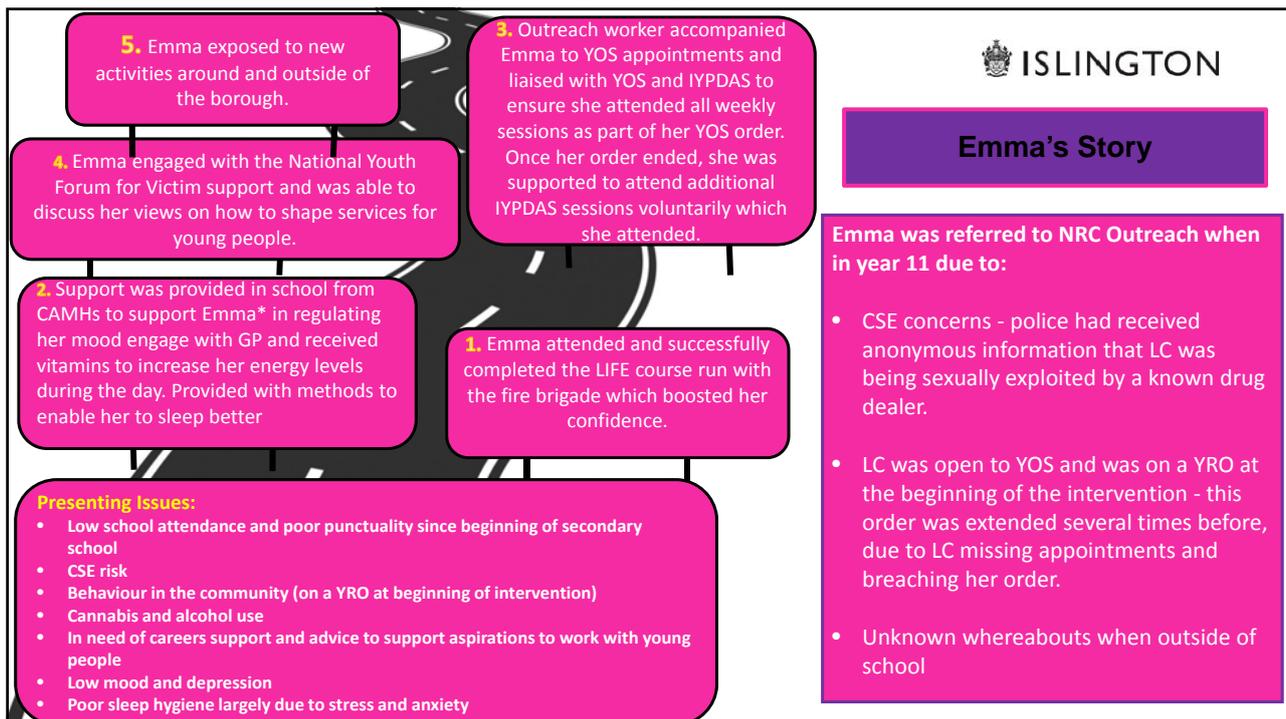
Mum – Struggling managing Sam's needs. Unemployed and Historical depression
Older sister - Lives on campus at university, doing well. No concerns raised
Dad - Employed, strong cultural beliefs
Younger Brother- Doing well at school, no concerns raised

- Parents separated and co-parenting
- Historical Domestic Abuse
- Family identify as Muslims (not strict practicing)

Sam's Outcomes

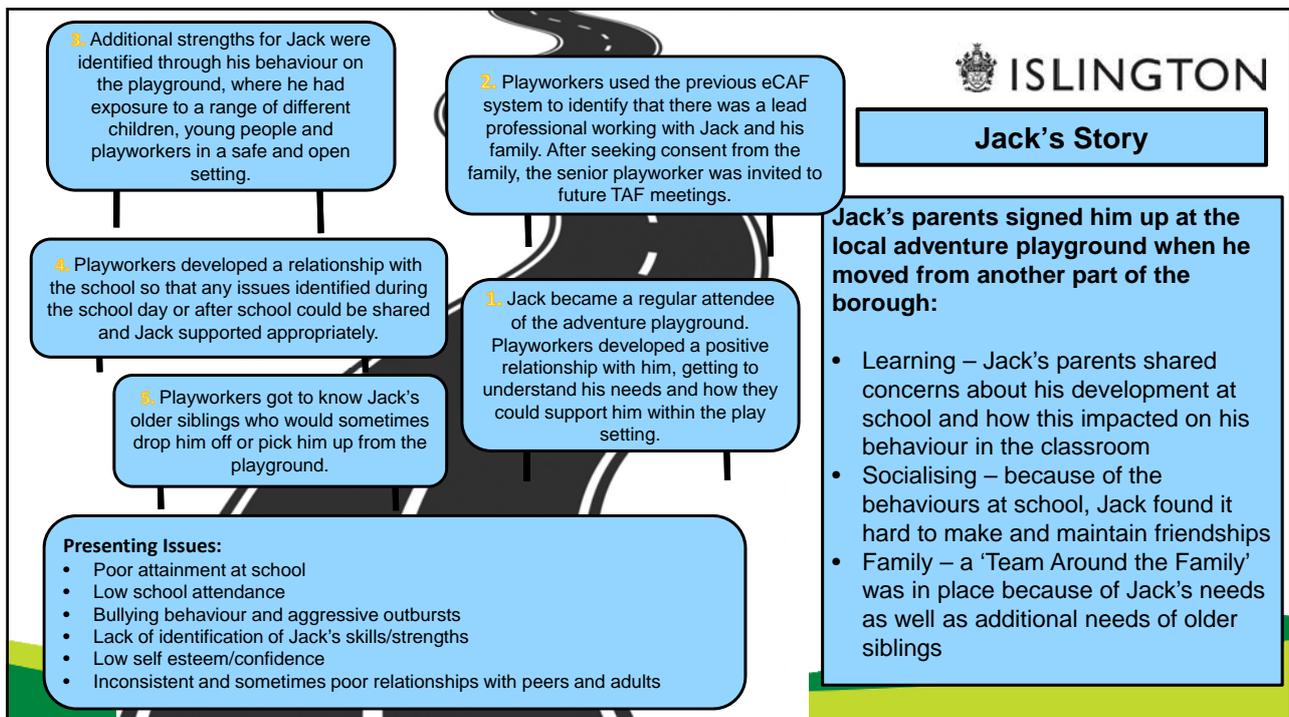
- No longer a looked after child, back home with her family being supported by Independent Futures service
- No longer NEET- attending course at college and on track to pass
- Employed part-time in retail position
- No further strategy meetings due to reduced CSE risk
- Engaged with sexual health services
- Successfully completed YOS order
- Engaging in Adult Mental Health services
- Reduced cannabis use
- No longer carrying a knife
- Parenting work completed - Mum empowered and skills strengthened.
- Reduced incidents of aggression within the family home
- The whole family increased their engagement in positive activities so more positive time spent together

Emma's Story (IFIT NRC Outreach)



Jack's Story

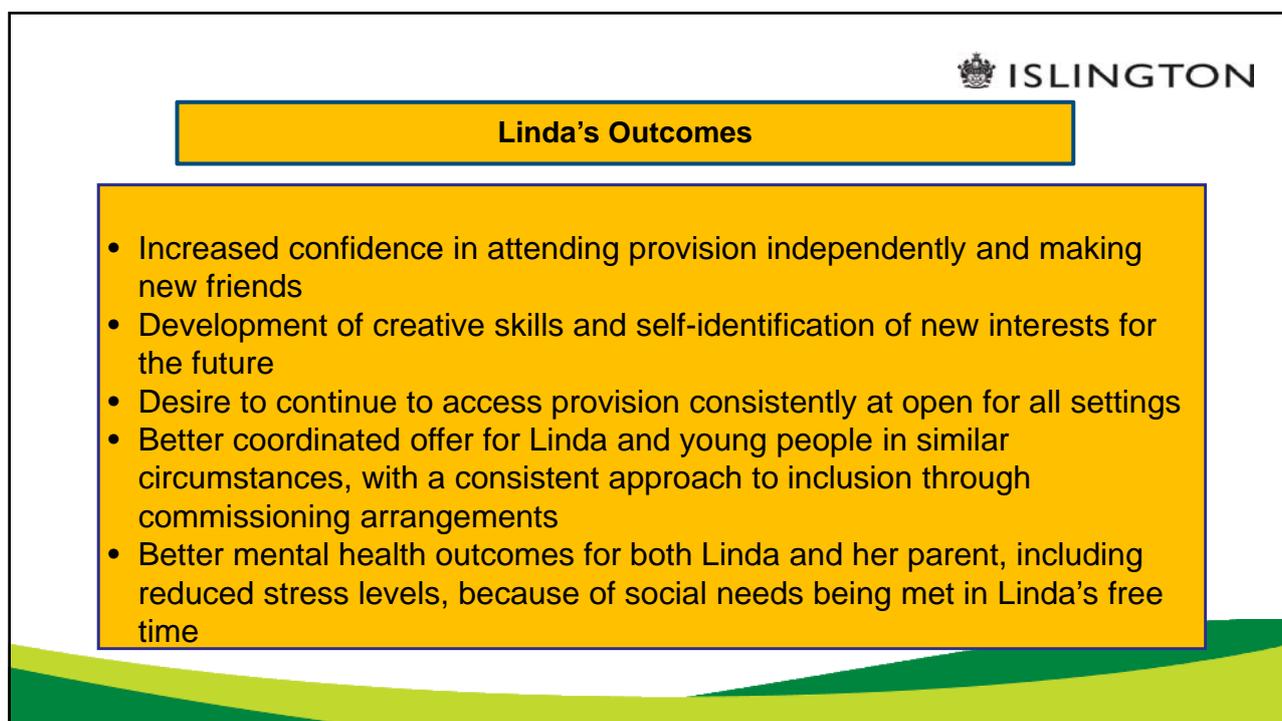
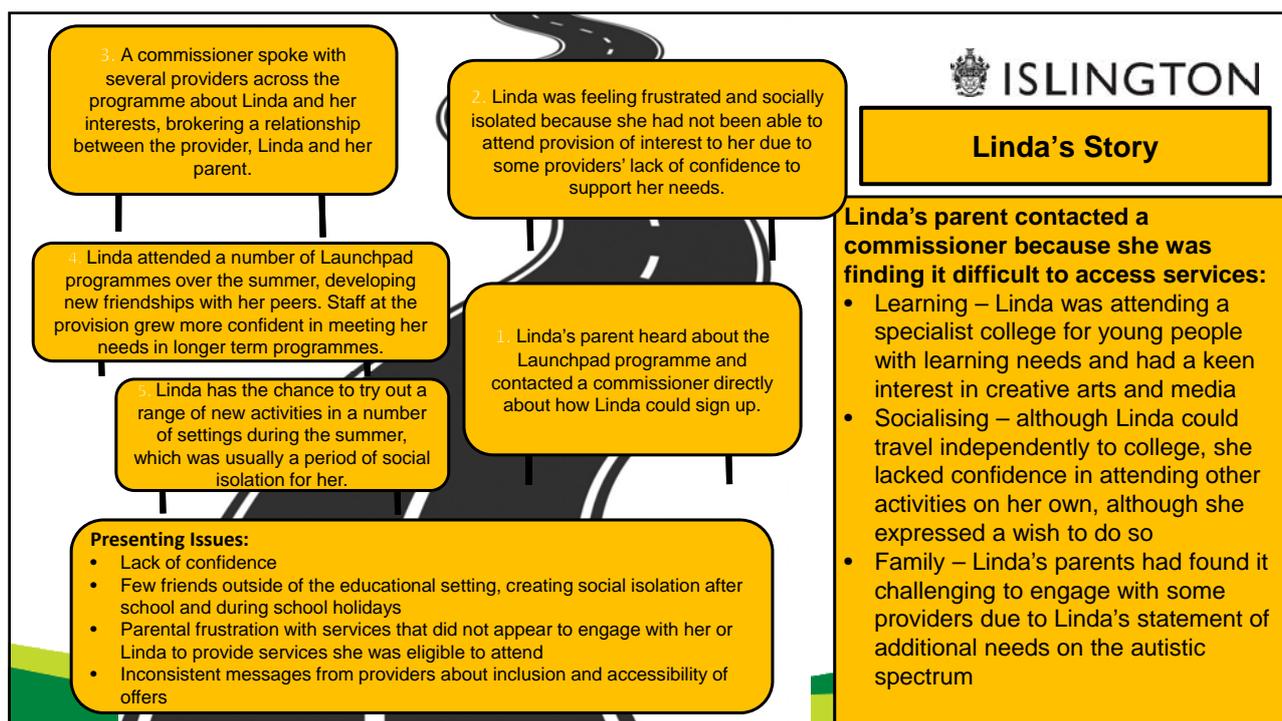
(Adventure Playgrounds – open for all services)



Jack's Outcomes

- Improved ability to manage conflict in a wide range of social situations both with peers and professionals
- Improved self-confidence in abilities, self-identifying his own creative, physical and social skills
- Improved attendance at school
- Better relationships with peers and teachers in the classroom setting
- Better engagement in the classroom and decrease in bullying, disruptive behaviour

Linda's Story (Accessing youth provision – open for all services)



Amanda's Story

(Youth hubs – open for all services)

